

# BWYDLLEN TERAS A BAR

## BRECHDANAU

12.00 - 14.00

## BARA FFRENGIG

Eog wedi'i gochi a chiwcymbr	8.00	Cesar cyw iâr	11.00
Perl Wen, berwr y gerddi, nionod coch	8.00	Cyw iâr, bacwn a berwr y gerddi	11.00
Wyau buarth gyda sibol	8.00	Coctel corgimychiaid	11.00
Bara surdoes cartref gyda menyn Tŷ Tanglwyst	3.00	Caws gafr Pantysgawen, pupurau coch rhost a salad berwr y gerddi	11.00

## PLATEIDIAU BACH

Pwmpen cnau menyn rhost, cawl sinsyr a phupurau coch rhost gyda hadau crasu	8.00	Cacen bysgod, ciwcymbr picl, saws cranc a dil	9.50
Bol mochyn crimp, remwlâd seleriac, dresin afalau mwg a ffacbys Puy	9.50	Betys wedi'i bobi mewn halen, Perl Las, salad gellyg, dresin cnau Ffrengig a mêl	9.50
Ŵy crimp hwyaden, pate coes hywaden, 'parfait' iau, saws eirion sych, bara surdoes	9.50	Eog sglein miso gyda betys, orennau a wasabi	9.50

## PLATEIDIAU MAWR

Braised ox cheek, onions braised in No.6 ale, kale, roasted sweet potato	22.00	Lleden mewn menyn, cynn carw'r môr, brocoli ac almwns	18.00
Lwyn porc, 'kimchi', stiwl pîn-afal ac ŵy buarth wedi'i ffrio	18.00	Ysbinbysg y môr gyda risotto cregyn a lemon rhost gyda salad dil a ffenigl	18.00
Byrger oen Cymreig, enllyn selys merquez, caws ffeta, iogwrt mintys	16.00	Lasagne agored madarch gwyllt a seleriac gyda sbigoglys a briwsion cnau cyll	16.00

## ARCHEBION NAILL OCHR

Sglodion cartref	3.00	Brocoli coesau brau	3.00
Bresych coch	3.00		
Moron rhost orennau a theim	3.00	Letys galon grych, dresin caws glas a chnau Ffrengig	3.00
Tatws stwns menyn	3.00		

## MELYSFWYD A CHAWS

Posset granadila, sorbê mango a macarôn cnau coco	7.00	Pwdin datys gludog a chnau Ffrengig, ceulfwyd banana a hufen iâ larll llwyd	7.00
Tarten siocled a phistasio gyda hufen iâ mintys ffres	8.00	Detholiad o gawsiau ffermydd Cymreig gyda bisgedi a siytni	11.00

## ALLERGENAU

Gofynnir inni nodi'r 14 alergen ganlynol: Seleri, Grawnfwyd glwtennog, Cramenogion, Wyau, Pysgod, Bysedd y blaidd, llefrith, Molysgiaid, Mwstard, Cnau, Pysgnau, Hadau sesame, Soia, Sylffwr deuocsid. Paratoir y bwyd mewn cegin lle mae rhai o'r alergenau uchod yn bresennol. Ni allwn gynnwys manylion pob cynhwysyn ar y fwydlen. Ceir gwybodaeth am alergenau bwyd ar daflen ar wahân os gofynnwch i aelod o'r staff. Os oes gennych alergedd bwyd rhowch wybod inni cyn ichi archebu.

# BAR & TERRACE MENU

## SANDWICHES

12.00 - 14.00

## BAGUETTES

Roasted gammon ham, Welsh grain mustard	8.00	Chicken Caesar	11.00
Smoked salmon and cucumber	8.00	Chicken, Bacon & Rocket	11.00
Perl Wen soft cheese, rocket, red onion	8.00	King Prawn Cocktail	11.00
Free range egg with spring onion	8.00	Pantysgawen goat's cheese, roasted red pepper chutney & rocket salad	11.00
Home baked sourdough with Tŷ Tanglwyst Welsh butter	3.00		

## SMALL PLATES

Roasted butternut squash & ginger soup with roasted red peppers & toasted seeds	8.00	Fishcake, pickled cucumber, brown crab emulsion and dill	9.50
Crispy belly pork, celeriac remoulade, smoked apple & Puy lentil dressing	9.50	Salt baked beetroot, Perl Las cheese and a pear salad with walnut & honey dressing	9.50
Crispy local duck egg, duck leg rilette, liver parfait, prune ketchup & sourdough	9.50	Miso glazed salmon, beetroot, orange & wasabi	9.50

## LARGE PLATES

Braised ox cheek, onions braised in No.6 ale, kale, roasted sweet potato	22.00	Sole beurre noisette, samphire broccoli and almonds	18.00
Pork loin, kimchi, confit pineapple and local free range fried egg	18.00	Stone bass with a shellfish & roasted lemon risotto, dill and fennel salad	18.00
Welsh lamb burger, merguez sausage relish, feta, mint yoghurt	16.00	Wild mushroom & celeriac open lasagne with spinach and hazelnut crumb	16.00

## SIDE ORDERS

Hand cut chips	3.00	Charred tender stem broccoli	3.00
Braised red cabbage	3.00		
Orange & thyme roasted carrots	3.00	Little gem lettuce, blue cheese & walnut dressing	3.00
Buttered potato puree	3.00		

## DESSERTS & CHEESE

Passion fruit posset, mango sorbet & coconut macaroon	7.00	Sticky date & walnut pudding, banana mousse, earl grey ice cream	7.00
Chocolate & pistachio tart with fresh mint ice cream	8.00	Selection of Welsh artisan cheese with biscuits & chutney	11.00

## ALLERGENS

We are required to list the following 14 food allergy items: Celery, Cereals containing gluten, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide. Food is prepared in kitchens where these food allergens are present. Our menu cannot include details of all ingredients. A sheet detailing all food allergens used in each dish is available on request. If you have a food allergy please make this known before ordering.